



# Selected Issues in Family Planning for Anglophone Africa: A Curriculum

We are most pleased to announce a new publication in CD-Rom format, *Selected Issues in Family Planning for Anglophone Africa: A Curriculum*.

**Who Can Use the Curriculum** - This curriculum was created to train healthcare providers in need of basic family planning (FP) information or updates of their existing knowledge. Possible audiences include nurses, midwives, doctors, program managers and other health providers involved in the provision of FP services. The materials are appropriate for those involved in pre-service training in FP and the modules may also be presented individually for specialized audiences, such as using the Contraception for Women and Couples Living with HIV for providers involved in HIV/AIDS services. While the curriculum has been developed primarily for use in Anglophone Africa, it could also be used and adapted in other regions, such as replacement of African data with local figures.

**Curriculum Goals and Objectives** - to provide up-to-date family planning (FP) training materials that utilize proven adult learning methodologies. The curriculum includes handouts, reference documents, and links to additional resources that can be used more widely. While originally targeted for pre-service tutors, the curriculum and/or its individual sessions can be used to train others with low to moderate knowledge of FP methods and related issues.

At the end of a 5-day workshop using this curriculum, participants knowledge of FP will be strengthened, and more specifically, they will be able to:

- Describe the difference between gender and sex and the ways in which gender influences reproductive health and FP service provision
- Discuss the problem of unmet need in FP and ways to maximize access to, and quality of, FP services
- Explain how WHO Medical Eligibility Criteria for Contraceptives is used, and why they are important
- Discuss the latest scientific information related to common contraceptive methods
- Discuss the concept of healthy timing and spacing of pregnancy and FP in the context of HIV-positive, postpartum, and postabortion women and those in need of emergency contraception
- Describe key FP service delivery tools such as checklists and method comparison charts
- Utilize the process of quality improvement in family planning services, including assessment of performance gaps, analysis of root causes of the gaps, and development of action plans to address and monitor progress in gap reduction; and
- Discuss ways in which the information gained in the workshop can benefit their worksites and list specific instances where their work performance will be enhanced as a result.

**For copies of the CD-ROM, please contact the East, Central and Southern African Health Community Secretariat at: [hrdcb@esca.or.tz](mailto:hrdcb@esca.or.tz)**



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